

# Tadpole Program

*Tadpoles* is a pre-beginner instructional class of the Junior Sailing Program at the VHYC. In considering *Tadpoles* for your child, please review and consider the following points:

1. *Tadpoles* is an instructional class. There is a curriculum and time agenda that the instructors must maintain. Class begins at 9 am and ends at 12noon. We request that you make every effort to have your student on site at or before 9 am each morning, prepared and ready to participate.

**2. Class ends promptly at noon. If you cannot be at the Club to take your child in hand at noon, please make arrangements for another adult to take charge of your child. The instructors are not to be asked to, or assumed will, continue to maintain responsibility for your child. Most instructors have afternoon program commitments at 1:00 and the hour between morning and afternoon programs is their lunch break and program organizational time. Please respect their needs in this matter.**

**Class space is limited. Registration & Medical Emergency Forms must be received by the VHYC Office BEFORE program begins**

What your child needs for program:

1. An age and size appropriate PFD (life jacket) with child's name printed on either the inside label or the PFD itself in indelible marker.
2. Appropriate beach/water apparel for a waterfront program: swim suit, towel, beach shoes, swim goggles, if preferred.

What is needed:

1. VHYC Office must receive a completed Registration Form [www.vhyc.org](http://www.vhyc.org)
2. VHYC Office must receive a completed and signed Medical & Emergency Information form on each child.